



**PSHE, Jigsaw,  
Ten:Ten, Project  
EVOLVE and  
Safeguarding Links**

**PSHE**



# PSHE, Jigsaw and Safeguarding Links



## What is Jigsaw

Jigsaw, the mindful approach to PSHE, takes children and young people's safety very seriously and aims to equip them to lead safe, happy and healthy lives, to embrace the opportunities open to them, to aim high, and to be empowered to keep themselves safe, know their rights and responsibilities and know where and how to ask for help when needed.

Jigsaw aims to equip children and young people with knowledge and skills which empower them. We believe that age-appropriate knowledge e.g. about puberty or relationships, coupled with personal skills of e.g. self-esteem, assertiveness and respect, and the understanding that their bodies belong to them and they have the right of consent in all aspects of their lives, supports students to be safe. Ignorance does not protect innocence but can leave children vulnerable. Teachers are also well-equipped with regular safeguarding training and know how to recognise the multiple signs of e.g. abuse or neglect.



# What is Ten:Ten

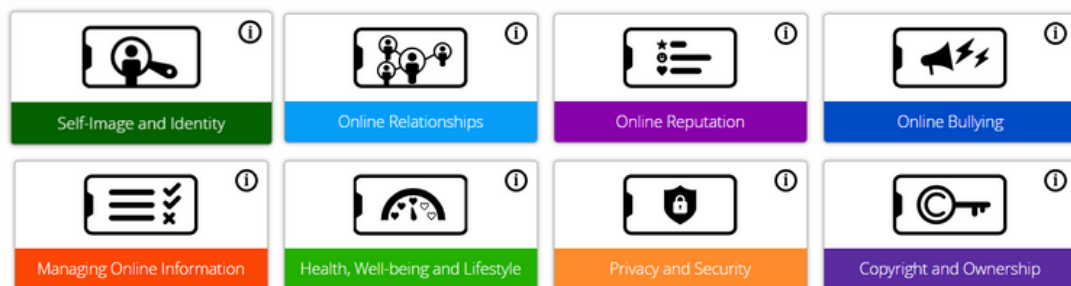
Taught with a spiral approach to learning, the programme includes teaching about personal health, physical and emotional well-being, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.

The entire teaching is underpinned with a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God.

The programme is fully inclusive of all pupils and their families.

# What is Project EVOLVE

The ProjectEVOLVE toolkit is based on UKCIS framework “Education for a Connected World” (EFACW) that covers knowledge, skills, behaviours and attitudes across eight strands of our online lives from early years right through to eighteen..



# Safeguarding areas covered in our curriculum and within Jigsaw PSHE Scheme

School Curriculum	Area covered in our curriculum and within Jigsaw PSHE Scheme
<p><b>Safeguarding and child protection</b></p>	<p>Physical contact and boundaries (Relationships Year 2)            Safety Weeks (3x throughout the year)            Secrets (Relationships Year 2)            Family conflict (celebrating the world Year 3)            Dangers of Online Grooming (Relationships Year 5)            Ten:Ten - My body my rules (EYFS)            Ten:Ten - Safe in my body (Year 4)            Ten:Ten - Under Pressure (Year 6)</p>
<p><b>Anti-bullying including cyber</b></p>	<p>Understanding Bullying and how to deal with it (Celebrating Differences Year 1)            Witnessing bullying and how to deal with it (celebrating the world Year 3)            Recognising how words can be hurtful (celebrating the world Year 3)            Understanding bullying (celebrating the world Year 4)            Peer Pressure (Healthy Me Year 4)            Types of bullying (Celebrating Differences Year 5)            Understanding bullying inclusion and exclusion (Celebrating differences Year 6)            Anti Bullying Week (November)            Project EVOLVE Online Bullying unit            KiVa            Ten:Ten - Physical contact (Year 2)</p>
<p><b>E-Safety</b></p>	<p>Keeping Safe and why it is important online (Being me in the world Year 6)            Online safety week            Computing lessons            Keeping safe online and who to go to for help (Relationships Year 3)            Safer online communities (Relationships Year 5)            Rights and responsibilities online (Relationships Year 5)            Online gaming an gambling (Relationships Year 5)            Dangers of Online Grooming (Relationships Year 5)            Reducing Screen time (Relationships Year 5)            Technology Safety Relationships Year 6)            Influences of online media to body image (Changing me Year 6)            Ten:Ten - Being Safe (Year 2)            Ten:Ten - Sharing Online (Year 4)            Ten:Ten - Seeing Stuff online (Year 6)</p>
<p><b>Child Sexual Exploitation</b></p>	<p>Dangers of Online Grooming (Relationships Year 5)            NSPCC PANTS Lessons</p>

# Safeguarding areas covered in our curriculum and within Jigsaw PSHE Scheme

School Curriculum	Area covered in our curriculum and within Jigsaw PSHE Scheme
<b>Domestic Violence</b>	<p>Families and their difficulties (celebrating the world Year 3)</p> <p>Family conflict (Celebrating the world Year 3)</p> <p>Ten:Ten - Types of abuse (Year 4 and Year 6)</p>
<b>Gender Based Violence</b>	<p>Respecting myself and others (Being me in the world Year 6)</p>
<b>Prevent</b>	<p>Cultural differences and how they cause racism (Celebrating differences Year 5)</p> <p>Enjoying and respecting other cultures (Celebrating differences Year 5)</p> <p>Fundamental British Values</p>
<b>British Values</b>	<p>Setting rules at the start of the year in class</p> <p>Rules, Rights and Responsibilities (Being me in the world Year 3)</p> <p>Rights, Responsibilities and Democracy (Being me in the world Year 4)</p> <p>Being a citizen (Being me in the world Year 5)</p> <p>Democracy and having a voice (Being me in the world Year 6)</p>
<b>Hate Crimes</b>	<p>Antisocial behaviour (Being me in the world Year 6)</p> <p>Enjoying and respecting other cultures (Celebrating differences Year 5)</p>
<b>Honour Based Violence</b>	<p>Antisocial behaviour (Being me in the world Year 6)</p>
<b>Substance Misuse</b>	<p>Medicine Safety (Healthy Me Year 1)</p> <p>Attitudes Towards Drugs (Healthy Me Year 3)</p> <p>Smoking and Alcohol (Healthy Me Year 4)</p> <p>Smoking including vaping (Healthy Me Year 5)</p> <p>Alcohol and antisocial behaviour (Healthy Me Year 5)</p> <p>How substances effect the body (Healthy Me Year 6)</p> <p>Ten:Ten - Drugs alcohol and tobacco (Year 4)</p> <p>Ten:Ten - Harmful Substances (Year 6)</p>
<b>Gangs and Youth Violence</b>	<p>Antisocial behaviour (Being me in the world Year 6)</p> <p>Conflict in the community (celebrating differences Year 6)</p>

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<p><b>Mental Health</b></p>	<p>Emotional and Mental Health (Healthy Me Year 6)            Managing Stress (Healthy Me Year 6)            Mental Health(Relationships Year 6)            Identifying mental health worries (Relationships Year 5)            Identifying mental health worries (Year 5)            Self-Image (Changing me Year 6)            Children's Mental Health Week            KiVa            Online Mental Health - Project Evolve            Ten:Ten - Feeling inside out (Year 2)            Ten:Ten - Body Image (Year 6)            Ten:Ten - Building others up (Year 6)</p>
<p><b>FGM</b></p>	<p>PANTS Rule</p>
<p><b>Teenage Relationship Abuse</b></p>	<p>Girlfriends and boyfriends (Relationships Year 4)            Jealousy (Relationships Year 4)            Physical Attraction (Changing Me Year 6)            Respect and consent (Changing Me Year 6)            Ten:Ten - Types of abuse (Year 6)</p>
<p><b>Sexting</b></p>	<p>Dangers of Online Grooming (Relationships Year 5))            Sexting (Changing me Year 6)</p>
<p><b>Trafficking</b></p>	<p>Exploitation including county lines and trafficking (Healthy Me Year 6)</p>

# Pastoral Support

**At Guardian Angels Catholic Primary School we want everyone involved with our school to feel well supported and safeguarded. We believe that good pastoral support focuses on nurturing the individual needs of each child. We aim to build trusting and empathic relationships with all our pupils and their families.**

**Alongside our extensive PSHE Curriculum, our Pastoral Lead works with pupils so they can lead fulfilling and balanced lives at school and beyond.**

**All our staff model to students how to look after themselves and others; encouraging them to seek help, support or advice whenever they need it.**

**Pastoral care underpins personal development and we know from experience that with outstanding pastoral care, students feel they belong and their self-esteem is able to flourish because they feel valued and cared for.**

**Supporting the pastoral needs of pupils sometimes involves working with external agencies. In these situations we ensure that a confidential, professional, non-judgemental and sensitive service is provided.**