



Key Dates

Tues 1st Oct	Individual and siblings(in school only) school photos
Wed 2nd Oct	Guardian Angels Feast Day - Mass 9:30am Led by Year 5
Wed 2nd - Frid 4th Oct	Year 6 Alton Castle residential trip
Wed 2nd Oct	Year 3 Kingsbury Waterpark trip
Mon 7th- Frid 11th Oct	Book Fair- 3:30pm-6pm- please enter via the office
Wed 9th Oct	Parents evening for all years except for Year 5
Tues 22nd Oct	Year 6 St Chad's trip
Wed 23rd Oct	Year 5 Parents evening



Guided by the teachings of the Church we pray, work, celebrate, and care for each other and other people using the gifts we have been given by God the Father, Son and Spirit.

Mrs Milligan and Mr Spindlow's Message

Next week we will continue this work living our mission by taking part in Little Way Week. This is inspired by St Thérèse of Lisieux, patron of mission. As a child St Thérèse dreamed of being a missionary. With age she understood that very few of us are called to make big and radical gestures, but that through small, loving actions we too can deliver God's love to the world.

The feast of the Guardian Angels is celebrated on Wednesday 2nd October. This also marks the beginning of Guardian Angels 70th anniversary Year. To mark this, all of our children will join together in collective worship to make a pledge to try to be like the Guardian Angels. Please do try and join us for this Mass at 9:30am - led by year 5

Alton Castle Reminder

Year 6 go on their residential trip to Alton Castle next Wednesday - Friday.

The coach will be leaving school at approximately 9.10am please come and wave our Year 6 goodbye

This Week's Gospel



Today we reflect on how Jesus is our teacher, who guides us to make the right choices, even when it is difficult.

Mark 9:38-43, 45, 47-48

John said to him, "Teacher, we saw a man who was driving out demons in your name, and we told him to stop, because he doesn't belong to our group."

"Do not try to stop him," Jesus told them, "because no one who performs a miracle in my name will be able soon afterwards to say evil things about me. For whoever is not against us is for us. I assure you that anyone who gives you a drink of water because you belong to me will certainly receive his reward.

"If anyone should cause one of these little ones to lose his faith in me, it would be better for that person to have a large millstone tied around his neck and be thrown into the sea. So if your hand makes you lose your faith, cut it off! It is better for you to enter life without a hand than to keep both hands and go off to hell, to the fire that never goes out.

And if your foot makes you lose your faith, cut it off! It is better for you to enter life without a foot than to keep both feet and be thrown into hell.

And if your eye makes you lose your faith, take it out! It is better for you to enter the Kingdom of God with only one eye than to keep both eyes and be thrown into hell. There 'the worms that eat them never die, and the fire that burns them is never put out.'"





Pope Francis 5 Finger Prayer

Pope Francis' Five Finger Prayer

The next finger is the index. Pray for those who teach you, instruct you, and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

The center finger is the tallest. It reminds us of our leaders, the governors, and those who have authority. They need God's guidance.

The fourth finger is the ring finger. Even though it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick, or those plagued by problems. They need your prayers.

The thumb is the closest finger to you, so start praying for those who are closest to you. They are the persons easiest to remember. To pray for our dear ones is a "Sweet Obligation."



And finally we have our smallest finger, the pinkie. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs in the proper perspective and be able to pray for yourself in a better way.



MAC Mass

Thank you to all the Year 6 children that attended the OLAAS Mass with Mr Spindlow on Thursday. This was a wonderful opportunity to celebrate Mass with the other schools in our MAC family

This Week's Awards



Virtues Award

EYFS - All of EYFS
Year 1 - Holly-Bee
Year 2 - Chimamanda
Year 3 - Lily
Year 4 - Lacey R
Year 5 - Joey
Year 6 - Firefunmi



Reader of the Week

EYFS - Zyon
Year 1 - Joshua
Year 2 - George
Year 3 - Nellie
Year 4 - Ella F
Year 5 - Olivia
Year 6 - Olivia



PE Star of the Week

EYFS - Lexie
Year 1 - Paisley-Jane
Year 2 - Hunter
Year 3 - Harry
Year 4 - Lacey-Mai
Year 5 - Toby
Year 6 - Corey-James

Star Pupils

EYFS

All of EYFS

Year 3

Amelia-Lily and Ava N

Year 1

Koa and Sophia

Year 4

Eva and Kyle

Year 2

Natalia and Ameer

Year 5

Elijah and Jacob M

Year 6

Blake S and Cody

This Week's Attendance



Attendance Counts

Year Group	
EYFS	92.3
Year 1	87.1
Year 2	86.7
Year 3	88.3
Year 4	99.0
Year 5	92.1
Year 6	86.8

Attendance Update

Schools can fine parents for the unauthorised absence of their child from school, where the child is of compulsory school age.

Guardian Angels have now had to fine 15 families following Birmingham City Council guidelines

If issued with a penalty notice, parents must pay £80 within 21 days or £160 within 28 days. The payment must be made directly to the local authority..

If the payment has not been made after 28 days, the local authority can decide whether to prosecute the parent.

Attendance Support

Mrs Tennant and the attendance team are always available to offer advice and support to help ensure your child is able to attend every day and reach their full potential. To book an appointment, please call the office on: 0121 747 2782

Every Day Counts

Just before the holiday, all schools in England received a message from the Secretary of State for Education, outlining the concerns linked to attendance nationwide. Whilst our attendance has improved and the number of children below 90% attendance has decreased, there is still work to be done. Our teachers are providing an excellent education in every classroom, everyday - every day missed is a missed learning opportunity. Attendance will remain a huge focus for the whole school this year.

Attendance Ladder





Safeguarding Tip of the Week

Online Wellbeing

There are lots of positives to being online for children, from staying in touch with friends to learning about the world. There are some challenges, too, and the online world can be tricky for children to navigate. For some it can become overwhelming trying to keep up with friends, and the pressure can mount. Noticing how your child is affected by being online is the first step in helping them manage their wellbeing. You can: manage the content that your children see, ensure the interactions they have are suitable and manage how long they're online, in balance with other activities. There are many things you can do to help support a child, e.g. using specific apps and checking app settings. For more information see

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/>

E- Safety Tip

What Parents & Educators Need to Know about INSTAGRAM

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

ADDITION
Many social media platforms, including Instagram, are designed to keep us engaged on them for as long as possible. They are designed to encourage a great feeling from us to use the app something important. In essence, it's all about making you feel good. Unfortunately, some people can use this to their advantage and post things that are harmful, offensive, and possibly illegal.

UNREALISTIC IDEALS
Children sometimes compare themselves to what they see on social media. They may think that the people they see on Instagram are perfect and that they should be like them. This can lead to low self-esteem and mental health problems. A constant comparison with unrealistic ideals can lead to feelings of low self-esteem and mental health problems.

GOING LIVE
Understanding on Instagram allows users to connect with friends and followers in real time. However, it also allows users to go live, which means anyone can watch what you're doing. This could lead to further contact from strangers. Additional dangers of going live include an impulse to act impulsively to draw more attention, and the risk of being exposed to harmful content or offensive language.

INFLUENCER CULTURE
Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When influencers of thousands of followers promote a product, it's often perceived as trustworthy. In April 2024, Ofcom found that influencers who were paid to promote a product were 27% more likely to be trusted by their followers than those who were not paid. This is a problem because influencers are not always honest about their relationships with brands. It's perfectly possible for young people to be exposed to the kind of advertising that influencers promote.

PRODUCT TAGGING
Product tags allow users to tag a product or business in their posts. This has led to some users tagging products in their posts that they have not purchased. This is a problem because it can lead to confusion and it can be used to promote products that are not suitable for children.

EXCLUSION & OSTRACISM
Influencers are highly visible to their followers, which can lead to some users feeling excluded or ostracised. This can lead to feelings of isolation and low self-esteem. Being excluded from a group can be a painful experience, and it can lead to feelings of loneliness and low self-esteem. This can be a problem because it can lead to feelings of isolation and low self-esteem.

Advice for Parents & Educators

AVOID GOING PUBLIC
If a young user wants to share their story or post, make sure it's private. If it's public, it may be shared with people you don't want to see it. If you find a young user who is going public, talk to them about the importance of keeping it private.

HAVE AN OPEN DIALOGUE
Talk to children about the positives and negatives of social media, including the risks involved and how to stay safe. Encourage them to talk to you if they have any concerns. If you find a young user who is going public, talk to them about the importance of keeping it private.

MANAGE LIKE COUNTS
Due to the potential impact of the likes and comments on their self-esteem, it's important to manage like counts. Encourage children to focus on the content they post rather than the number of likes they receive. If you find a young user who is going public, talk to them about the importance of keeping it private.

USE MODERATORS
Instagram Live has implemented a mechanic called 'Moderators' that allows you to choose who can interact with your live stream. This can be a useful tool to help you manage your live stream and to ensure that it's a safe and positive experience for everyone involved.

FOLLOW INFLUENCERS
Following influencers can be a fun way to stay up to date with the latest trends and to see what other people are doing. However, it's important to be critical of what you see and to remember that influencers are not always honest about their relationships with brands. It's perfectly possible for young people to be exposed to the kind of advertising that influencers promote.

BALANCE YOUR TIME
Instagram has a built-in activity dashboard that lets you see how much time you spend on the app. This can be a useful tool to help you manage your time and to ensure that you're not spending too much time on social media. Encourage children to take regular breaks from social media and to spend time doing other activities.

Meet Our Expert
Dr. Claire Buchanan is an online safety consultant at RCYBarnham. She has completed and taught numerous anti-bullying and cyber safety workshops and projects for schools in Barnham and the UK. Claire has written numerous reports and articles on online safety and has been a speaker at many conferences and events. She is also a member of the National College's online safety advisory group.

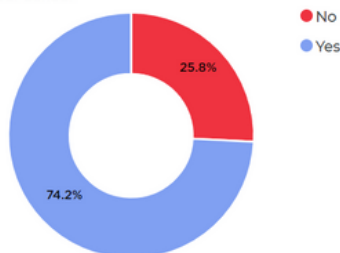
Source: See full infographic on our guide page at: <https://www.nationalcollege.org.uk/online-safety/>

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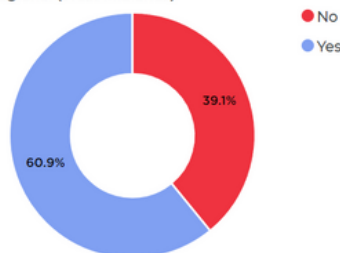
VOTES FOR SCHOOLS

This week's vote:
Would you give away your belongings?

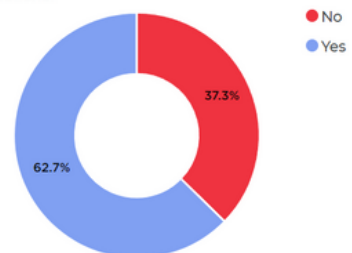
Your School



Regional (West Midlands)



National



Other News



Right of the Week

Article 17

Every child has the right to reliable information from the media. This should be information that children can understand.

Governments must help protect children from materials that could harm them.



Virtues of the Half Term **Curious and Active**



Pupils in our school are growing to be Curious about everything; and active in their engagement with the world, changing what they can for the better.

Our school helps our pupils to grow By leading pupils to be curious about the universe and all human activity, and to take increasing responsibility for their own learning, and by providing opportunities for them to be active in the life of the school, the Church, and the wider community.

Birthday Celebrations

**Lucy (EYFS), Koa and Millie (Year 1), Jaymin (Year 2),
Edie-Rose and Imogen (Year 3),
Mateo (Year 5) and Corey-James (Year 6)**

Best Wishes from your Guardian Angels Family



Weekly Prayer



**God of life, guide us as we learn
and lead us to care for one
another as your Son taught us to.
Amen.**

Composer of the Week **The Beatles**



Interesting facts:

- The Beatles comprised of 4 members: Paul McCartney, John Lennon, George Harrison and Ringo Starr. They all came from Liverpool
- Lennon and McCartney were the main songwriters
- Their success was called "Beatlemania"
- The Beatles are the best-selling music act of all time, with estimated sales of 600 million units worldwide.
- Ringo Starr and Paul McCartney are the only members of the band still living.
- Ringo narrated some of the Thomas the Tank Engine series.
- Paul McCartney headlined Glastonbury in June 2022
- Abbey Road- This road is best known for the Abbey Road Studios and for featuring on the cover of The Beatles' album of the same name, which was released in September 1969. People still have their photo taken on the zebra crossing!

Have a lovely weekend and God Bless,

**Mrs Helen Milligan, Mr Spindlow and
all the staff at Guardian Angels**