



Key Dates

Mon 9 <sup>th</sup> June	EYFS starting Sept 2025 induction meeting at 10am
Mon 9 <sup>th</sup> June	Year 3 Reading workshop for parents in the school hall at 2:45pm
Wed 11 <sup>th</sup> June	Mass at 9am - led by Year 4
Wed 11 <sup>th</sup> June	Height and weight check for EYFS and Year 6 - if parents want to opt out, please inform the office ASAP
Fri 13 <sup>th</sup> June	EYFS Parents invited to Stay & Pray in the school hall at 9am
Mon 23 <sup>rd</sup> June	Y5 Bikeability - please ensure all slips have been signed and returned
Wed 25 <sup>th</sup> June	Mass at 9am - led by Year 3
Mon 30 <sup>th</sup> June	Y3 Bikeability - please ensure all slips have been signed and returned
Tues 8 <sup>th</sup> July	EYFS trip - information given out soon
Thurs 10 <sup>th</sup> July	Y6 leavers performance- parents invited
Wed 16 <sup>th</sup> July	Y6 leavers Mass at 9am



Guided by the teachings of the Church we pray, work, celebrate, and care for each other and other people using the gifts we have been given by God the Father, Son and Spirit.

Mrs Milligan and Mr Spindlow's Message

**Welcome back to what promises to be an exceptional final half term of this academic year. As we enter these concluding weeks, we are delighted to share some significant developments and important forthcoming events.**

**Our Year 5 pupils recently demonstrated exemplary conduct during their educational visit to the Black Country Museum. Their behaviour was truly commendable, reflecting the high standards we maintain at Guardian Angels Catholic Primary School. Such experiences provide invaluable opportunities for experiential learning beyond the classroom environment.**

**We are pleased to report that Mrs Milligan and the senior leadership team have established meaningful connections with Fr Hudson's Caritas. This partnership will enable our school community to support and collaborate with their clients, furthering our commitment to Catholic social teaching and community engagement.**

**Several important assessments and events require your attention in the coming weeks. Year 4 pupils will complete their Multiplication Tables Check (MTC) next week, whilst Year 1 will undertake their phonics screening tests. These statutory assessments provide valuable insights into pupil progress and attainment.**

**For our incoming families, an EYFS induction meeting is scheduled for Monday at 10am. This session will provide essential information for parents whose children will join our Early Years Foundation Stage.**

**Our Year 4 pupils will participate in Mass at church next Wednesday, commencing at 9am. Additionally, we celebrate with our Year 3 pupils as they receive their First Holy Communion on Saturday 21st June, marking this significant milestone in their faith journey.**

# This Week's Gospel



**Today Jesus tells the disciples that if they love him then they will keep his commandments and that once Jesus has left them, he will send the Holy Spirit to guide and protect them.**

**John 14:15-16, 23-26**

**Jesus said to his disciples:**

**“If you love me, you will obey my commandments. I will ask the Father, and he will give you another Helper, who will stay with you forever.**

**Those who love me will obey my teaching. My Father will love them, and my Father and I will come to them and live with them. Those who do not love me do not obey my teaching. And the teaching you have heard is not mine, but comes from the Father, who sent me. I have told you this while I am still with you. The Helper, the Holy Spirit, whom the Father will send in my name, will teach you everything and make you remember all that I have told you.”**





## Teaching Staff 2025-2026

Year Group	Class Teacher
EYFS	Miss Gately
Year 1	Miss Hulme
Year 2	Miss Hickey and Mrs Wall
Year 3	Mrs Wood and Mrs Burrell
Year 4	Mrs Martin - Westall and Miss Morris
Year 5	Miss Beckett
Year 6	Mr Johnson

Support staff allocation will be shared with parents over the upcoming weeks

### Bikeability

Over the next few weeks, some of our Y3 and Y5 classes will be taking part in Bikeability and our Reception pupils will take part in Ready, Set, Ride.

Cycle training equips children with vital life skills. Pupils will not only learn to cycle, they will gain independence, social skills and a sense of wellbeing. Parent consent forms must be completed to take part.



# This Week's Awards



## Virtues Award

EYFS - Lucy  
Year 1 - Gracie-Mai  
Year 2 - Kenzo  
Year 3 - Inioluwa  
Year 4 - Ronny  
Year 5 - Evan  
Year 6 - Emily



## Reader of the Week

EYFS - Royale  
Year 1 - Holly-Bee  
Year 2 - Jack  
Year 3 - Aoife  
Year 4 - Freddie  
Year 5 - Chloe  
Year 6 - Lucas



## PE Star of the Week

EYFS - Ka'Oir  
Year 1 - Louie  
Year 2 - Michael  
Year 3 - Elsie  
Year 4 - Kyle  
Year 5 - Davian  
Year 6 - Emmie-Rose

## Star Pupils

EYFS

Arlo F and Joshua

Year 3

Reign and Imogen

Year 1

Larna and Koa

Year 4

Harry and Frankie

Year 2

Aminah and Lilly-Paige

Year 5

Layla-Rose and Nadia

Year 6

Francesca and Ariela

# This Week's Attendance



## Attendance Counts

Year Group	
EYFS	92.0
Year 1	95.0
Year 2	91.0
Year 3	94.0
Year 4	90.0
Year 5	92.2
Year 6	89.4

### Attendance Support

Mrs Tennant and the attendance team are always available to offer advice and support to help ensure your child is able to attend every day and reach their full potential. To book an appointment, please call the office on: 0121 747 2782

### Attendance Update

Schools can fine parents for the unauthorised absence of their child from school, where the child is of compulsory school age.

**Guardian Angels have now had to fine 29 families following Birmingham City Council guidelines**

If issued with a penalty notice, both parents must pay £80 within 21 days or £160 within 28 days. The payment must be made directly to the local authority.. If the payment has not been made after 28 days, the local authority can decide whether to prosecute the parents.

### Minor sickness and school attendance

There has been a steady increase in the number of children missing school on account of assumed illness. We need the support of all parents and carers to tackle this trend.

#### Is my child well enough?

##### High temperature

If your child looks or feels shivery or is unusually cold or hot, he or she may have a high temperature. There may be various reasons for this. A child with a high temperature should not be in school. However after feeling and looking better for 24 hours, a child should be able to return to school.

##### Cold and cough

A cold and a cough does not disable a child from attending school. However children with heavy colds or persistent coughs should stay at home. A child whose cough is disappearing and who is feeling better should return to school.

##### Rashes

A rash could be the first sign of one of childhood's many illnesses, such as chicken pox or measles. The rash or spots may cover the entire body or appear in only one area. Do not send a child to school with an unexplained rash or skin eruption until you have contacted NHS 111 or your GP surgery for advice.

##### Minor aches and pains

A child whose complaint is a minor headache, aches or pains does not usually need to be kept at home. Keep the school informed and the staff can monitor your child.

##### Vomiting and diarrhoea

If vomiting occurs, your child should stay at home for 48 hours and until he or she can keep food down. A child with diarrhoea should also be kept at home for 48 hours after the last episode. If your child does not improve as you expect, contact NHS 111 or your GP surgery for advice.

##### Common sense

Use this when deciding whether your child needs to stay at home. Work on the basis that an extremely sick children belong at home and well children belong in class!

Please remember that early morning aches often pass, so don't keep your child at home "just in case" when he or she could be learning in class. For further advice, you could talk to a member of the school staff, your local pharmacy, GP surgery or NHS 111.



## Safeguarding Tip of the Week

### Going back to school? How to help your child deal with difficult emotions

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

### 10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

- 1 START SMALL AND EARLY**  
Begin reintroducing elements of the school routine at least a few days before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.
- 2 REVISIT THE SCHEDULE**  
Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more in control of their lives.
- 3 CREATE A SLEEP PLAN**  
Sleep can present one of the biggest challenges, as children can sometimes become night owls, people to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A regular night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.
- 4 ENCOURAGE FRIENDSHIPS**  
Help your child to reconnect with school friends by organising playdates, catch-ups or something to go to before school starts. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.
- 5 GRANT RESPONSIBILITY**  
Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.
- 6 FOCUS ON NUTRITION**  
Make sure children are receiving balanced meals (with regular healthy snacks) to boost energy and concentration, putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.
- 7 COMMUNICATE OPENLY**  
Talk with your child about how they're feeling about returning to school, whether they're excited, nervous or a mix of both. Validating their emotions helps them feel supported and understood. Try talking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children dealing with change.
- 8 RECONNECT WITH LEARNING**  
Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their minds and prime their minds to learn, which can have helpful impacts on their academic performance.
- 9 PREP TOGETHER**  
Turn preparation into a shared activity, to shoulder the responsibility together and provide support before heading back to school. Lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.
- 10 BE PATIENT AND FLEXIBLE**  
Transitions take time, and every child adjusts differently, so it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way by setting a positive tone for the new school year.

**Meet Our Expert**  
Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during their transitions.

**WakeUpWednesday** The National College

Source: See full reference list on guide page at <https://nationalcollege.com/topics/supporting-children-to-return-to-school>

[www.nationalcollege.com](https://www.nationalcollege.com) @wake\_up\_weds

## E- Safety Tip

Emojis are more than playful expressions – they form a fast-evolving digital language that many adults struggle to decode. For young children this is 'secret code' is central to how they communicate. Below is some tips to help you support your child.

### What Parents & Educators Need to Know about EMOJIS

Emojis are more than playful expressions – they form a fast-evolving digital language that many adults struggle to decode. For young people, this 'secret code' is central to how they communicate. Humour and emotions, with over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth.

**WHAT ARE THE RISKS?**

- GENERATIONAL MISCOMMUNICATION**  
An emoji like 🍷 (Drunken face emoji) might seem friendly to adults, but seems like insult to a young person or positive aggression. These differing interpretations can create confusion or unintended harm to users.
- SHIELDING BULLYING OR PEER PRESSURE**  
When embedded in emojis, these 'spicy' jokes or expletive language can fly under the radar. Terms like 'shit' or 'shit' are often used in emojis, but they can be used to intimidate peers in subtle ways.
- RAPIDLY SHIFTING MEANINGS**  
Emoji meanings can change overnight. A given 'hanging face' 🙄 (Rolling back of eyes emoji) that might mean 'disappointed' or 'sarcastic' one day, it might mean 'challenging' or 'playful' the next. This ever-changing lexicon can leave adults in the dark about what young people are really saying.
- MASKING DISTRESS OR HARM**  
Some emojis are used to discreetly signal trouble or harassment. For example, 🙄 (Rolling back of eyes emoji) might suggest drug use, while 🍷 (Drunken face emoji) might suggest a party. These emojis can obscure without being obvious, making them harder for trusted adults to detect.
- NORMALISING RISKY BEHAVIOURS**  
Emojis can make harmful actions seem light-hearted or humorous. Using the 🍷 (Drunken face emoji) or 🍷 (Drunken face emoji) may appear humorous but can reference partying, substance use or dangerous challenges, which might otherwise raise red flags.

### Advice for Parents & Educators

- LEARN THE LINGO**  
Stay updated with emoji trends and definitions using resources like emoji4u.org or Urban Dictionary. Knowing current meanings builds confidence when engaging with young people and helps spot potential conflicts early.
- CREATE SAFE SPACES FOR DISCUSSION**  
Encourage casual chats about emojis, online slang, memes, or social media trends. Showing interest without judgement reassures young people that they can talk about their digital world openly and safely.
- ASK, DON'T ASSUME**  
Approach unfamiliar emojis with curiosity rather than suspicion. A light-hearted "What does 🍷 (Drunken face emoji) mean these days?" can open conversation and show that you respect their knowledge.
- PRIORITISE TRUST OVER SURVEILLANCE**  
While parental controls and monitoring tools can be useful, emotional safety matters most. In some cases, children and young people feel they can't talk to their parents about their digital world if they're being watched.

### EMOJI CHEAT SHEET - The following using terms and emojis are some common examples - please be aware this isn't an exhaustive list.

COMMON EMOJIS	POTENTIALLY CONCERNING EMOJIS
🍷 (Drunken face emoji) - Over-the-top or 'slugging'	🍷 (Drunken face emoji) - Being far past the point of fun (often used to convey embarrassment or awkwardness)
🙄 (Rolling back of eyes emoji) - Sarcastic or 'rolling back of eyes'	🙄 (Rolling back of eyes emoji) - Can represent betrayal or being 'screwed'
🍷 (Drunken face emoji) - Party or 'slugging'	🍷 (Drunken face emoji) - Sometimes used to reference alcohol or partying
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**Meet Our Expert**  
Kathy Brown is a globally renowned emoji expert and the Editor in Chief of emoji4u.org. The world's foremost one-stop resource, she has an MSc in Business Psychology from University College London and an MBA from Queen's School of Business and Technology.

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## Virtues this Half Term Faith-filled and Hopeful



**Faith-filled:** We are faith-filled when we are living life as God inspires us to live it, putting the Gospel into action through our deeds. Faith gives us belief and trust in God and in other people. We have to build on it every day through prayer, being part of a faith community and living out the gospel values. Faith gives us hope.

**Hopeful:** We are hopeful when we are optimistic about the future, we trust ourselves and others, and we don't give up. Our faith teaches us that God is hope – that Christ walks before us and gives us the courage to follow. Hope makes us unafraid to step into the unknown and face challenges. Hope can deepen or restore our faith.

## Birthday Celebrations

Noah (Year 1) Jax (Year 3)  
Phoebe & Delilah (Year 4)



Best Wishes from your Guardian Angels Family



Ever-loving God, send us your Spirit, give us your courage, so that we may follow you and love you all the days of our lives. Let us share this love with others throughout the world. Amen.

## Composer of the Week Andrew Lloyd Webber



Have a lovely weekend and God Bless

Mrs Helen Milligan, Mr Spindlow and  
all the staff at Guardian Angels



# DIVE

**FOOD  
FESTIVAL**  
by Aspens

## INTO THE DEEP BLUE

**19th June**

### Main Meat Dish

**Fish Finger Bap & Wedges**  
with Sweetcorn

### Main Vegetarian Dish

**Mermaid's Delight**  
**Fishless Finger Bap & Wedges,**  
with Sweetcorn  
(Vegetable Finger in a Bap)

&

**Sandy Lemon**  
**Shortbread Biscuit**

Jacket Potato  
&  
Sandwiches Available





DURING THE JUBILEE YEAR, WE WILL BE HOLDING **MONTHLY COMPETITIONS** FOR OUR SCHOOL COMMUNITY IF YOU WOULD LIKE TO JOIN IN.  
WINNING ENTRIES WILL BE SHARED IN OUR ASSEMBLIES.

<p><u>February</u> <b>Artwork:</b> Create a piece of artwork which represents hope to you. Entries will be sent to someone as a sign of hope afterwards (i.e. migrants, elderly, prisoners, hospitals, hospices)</p>	<p><u>March</u> <b>Poem of Hope:</b> Create a poem which fills you with hope, makes you think about something hopeful or explores something you hope for in the future.</p>	<p><u>April</u> <b>Sound of Hope:</b> could you record a sound which makes you feel hopeful, or record you singing a song which makes you full of hope? Maybe you could make up your own song?</p>	<p><u>May</u> <b>Letters of Hope:</b> Write a letter to Pope Francis telling him what you hope for and what change you want to see in the world. Could you tell him what you think you could do to make it happen?</p>	<p><u>June</u> <b>People of Hope:</b> Nominate the people of hope around you. Who makes you feel hopeful, like you can achieve what you want to achieve or makes you feel happy and loved?</p>
<p><u>July - August</u> <b>Holiday of Hope:</b> Can you share a photo of how you have shared hope in your community? Could you go on your pilgrimage with your family?</p>	<p><u>September</u> <b>Story of Hope:</b> Can you create a short story, of no longer than 400 words, which explores the theme of hope?</p>	<p><u>October</u> <b>Scene of Hope:</b> Could you take a photo of something which represents hope to you, or makes you feel hopeful?</p>	<p><u>November</u> <b>Heroes of Hope:</b> Design an icon for your favourite Saint, or Saint who represents hope to you.</p>	<p><u>December</u> <b>Wreath of Hope:</b> Create an Advent wreath for your classroom with messages of hope on the leaves.</p>



Guided by the teachings of the Church we pray, work, celebrate, and care for each other and other people using the gifts we have been given by God the Father, Son and Spirit.