



**Guardian Angels**  
Catholic Primary School

# NEWSLETTER

Friday 10th February 2023

Newsletter No. 20



**Our Lady and All Saints**  
Catholic Multi Academy Company  
Strong in Faith



## Children's Mental Health Week

Guided by the teachings of the Church we pray, work, celebrate, and care for each other and other people using the gifts we have been given by God the Father, Son and Spirit.



### Mrs Milligan and Mr Spindlow's Message

You only have to look at our school Twitter feed to see how much of a success Children's Mental Health Week has been. All of our children have been immersed in activities and strategies to support and promote positive mental health.

Safer Internet Day was celebrated on Tuesday where children engaged in lessons around this very poignant topic. Please talk to your children about how to keep safe online and remember to take a look at our e-safety tip of the week that is on EVERY newsletter.

Next week we are introducing a new acronym to your children and our school: W.W.J.D. This means, What Would Jesus Do? Our children have a good knowledge of Jesus' teachings and we want them to consider more how the messages of Jesus' teachings apply to our lives today. Please feel free to use this at home too!

This week we received a lovely letter from Fr Michael Bonaccorsi. He is settling into his new parish well, but is missing us too.





## This Week's Gospel—Matthew 5:17-37

"I tell you, then, that you will be able to enter the Kingdom of heaven only if you are more faithful than the teachers of the Law and the Pharisees in doing what God requires.

"You have heard that people were told in the past, 'Do not commit murder; anyone who does will be brought to trial.' But now I tell you: whoever is angry with his brother will be brought to trial, whoever calls his brother 'You good-for-nothing!' will be brought before the Council, and whoever calls his brother a worthless fool will be in danger of going to the fire of hell. So if you are about to offer your gift to God at the altar and there you remember that your brother has something against you, leave your gift there in front of the altar, go at once and make peace with your brother, and then come back to offer your gift to God.

*"You have heard that it was said, 'Do not commit adultery.' But now I tell you: anyone who looks at a woman and wants to possess her is guilty of committing adultery with her in his heart.*

"You have also heard that people were told in the past, 'Do not break your promise, but do what you have vowed to the Lord to do.' But now I tell you: do not use any vow when you make a promise. Do not swear by heaven, for it is God's throne;

"Just say 'Yes' or 'No' – anything else you say comes from the Evil One."

**Mrs Milligan and Mr Spindlow's Go Fourth Challenge: Try to go through the week trying not to argue with or upset other people, just because they are different. Encourage them to try and make peace with others where they can.**

## Virtues Award

Year Group	Virtue Award
EYFS	Natalia
Year 1	Aoife
Year 2	Harry M
Year 3	Mateo
Year 4	Jan
Year 5	Darcy
Year 6	Layla C

## Virtues of the Half Term

### Eloquent & Truthful

Pupils in our school are growing to be . . .

**Eloquent and truthful** in what they say of themselves, the relations between people, and the world.

**Our school helps our pupils to grow . . .**

By developing an **eloquent** language which pupils can use to understand and articulate their emotions, beliefs, and questions, encouraged by the example of their teachers to be **truthful** in the way they represent themselves and speak about the world.







## Dates For Your Calendar

Date	Event
Frid 17th Feb	Non Uniform day– donations collected for Turkey and Syria, you may pay £1 or more on ParentPay
Frid 17th Feb	School breaks up for Feb half term
Mon 27th Feb	Inset day - school closed for pupils
Tues 28th Feb	School open to all
Wed 1st March	Secondary School offers announced
Thurs 2nd March	World Book day and special dinner
Tues 7th March	Year 3 trip
Wed 8th March	Holy Communion for Y3 parents at 2:40pm
Thurs 9th March	Year 1 library visit

## NSPCC Number Day

Thank you to all of our families who made donations towards the NSPCC for our Number Day. The children completed various activities based around maths.



## Children's Mental Health Week

Mental health is something everyone has and it is widely recognised that a child's emotional health and wellbeing influences their learning as well as physical and social health and wellbeing in adulthood.

At Guardian Angels, we constantly strive to promote positive mental health and wellbeing for every child through whole school approaches, bespoke PSHE lessons and specialised approaches.

The school celebrated Children's Mental Health Week this week. Our intention is to further raise the profile of mental health and the need to talk, which in turn will help to end the stigma surrounding mental health.



## Non-Uniform Day to Support Turkey and Syria

On Friday 17th March we are holding a non-uniform day in support of the people of Turkey and Syria following the horrific consequences of the earthquakes this week.

**If you would like to participate, please donate £1.00 via ParentPay. (you may donate more if you wish)**

All donations will go to this extremely worthy cause. We pray for all of those affected by this tragedy.



## Star Pupils



Year Group		
EYFS	Ava	Billy
Year 1	Lily	Ava
Year 2	Ella F	Ronny
Year 3	Oliver	Joshua
Year 4	Beau	Corey-James
Year 5	Isobel	Keenan
Year 6	Tayla	Archie

## Birthdays this week



*Billy (EYFS)*

*Caiden (Y1)*

*Rayan (Y4)*



**Best wishes from your Guardian Angels family**





ATTEND TODAY, ACHIEVE TOMORROW



## Attendance Counts

ATTEND TODAY, ACHIEVE TOMORROW



Year Group	
EYFS	94.6
Year 1	90.3
Year 2	92.3
Year 3	94.5
Year 4	93.0
Year 5	92.0
Year 6	96.0

### Attendance Update

We need your help to get closer to our 96% target.

We can only do this if we all work together!

Our attendance for last week was 93.2%

Our attendance for the year to date 91.7%

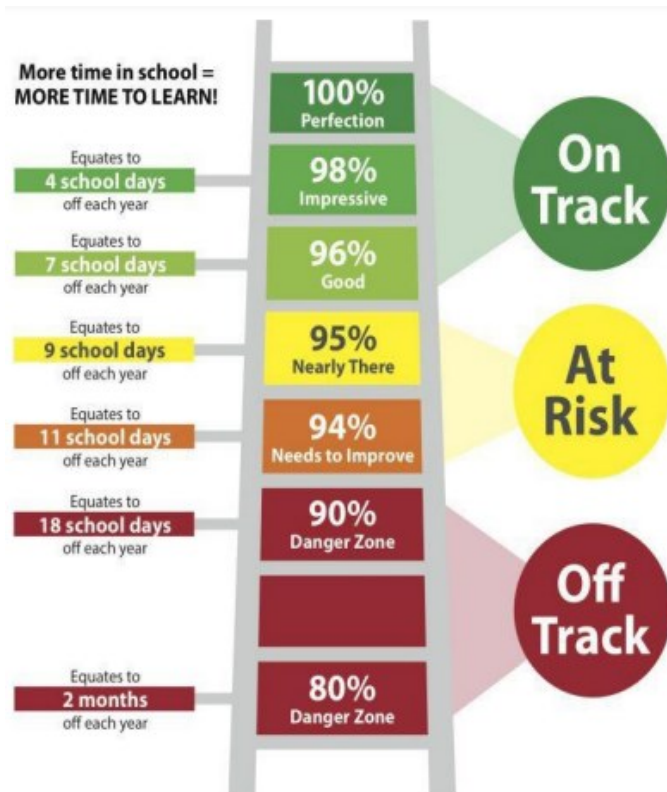
Please ensure you come to school each day to help us meet our target.

### Attendance Support

Mrs Tennant and the attendance team are always available to offer advice and support to help ensure your child is able to attend every day and reach their full potential. To book an appointment, please call the office on: 0121 747 2782

### Live Simply Tip

Spend some quiet time in the presence of God reflecting on all we have been given.





## Reader of the Week

Each week, we award children in each class for remarkable Reading and their dedication to Accelerated Reader Quizzes

EYFS	Winnie-Beau
Year 1	Jax
Year 2	Jude C
Year 3	Maisie
Year 4	Olivia
Year 5	Oliver
Year 6	Orlaith

## PE Star of the Week

EYFS	Layla-Mai
Year 1	Ella
Year 2	Ella L & Ava J
Year 3	Mia
Year 4	Ariela
Year 5	Frankie
Year 6	Dylan

## Right of the Week

### Article 13 (freedom of expression)



Sharing Thoughts Freely

Every child must be free to express their thoughts and opinions and to access all kinds of information, as long as it is within the law.



## Composer of the Week

### Ma Rainey

### Pop – Blues



**Born:** 26 April 1886  
**Died:** 22 December 1939  
**Nationality:** American

**Famous piece of music:**  
Runaway Blues

- Ma Rainey was an American singer who was known as the "mother of the blues" and who was recognized as the first great professional blues vocalist.
- She made her first public appearance about the age of 14 in a local talent show called "Bunch of Blackberries" at the Springer Opera House in Columbus
- In 1902, in a small Missouri town, she first heard the sort of music that was to become known as the blues.
- In her travels she appeared with jazz and jug bands throughout the South
- In 1923 Ma Rainey made her first phonograph recordings for the Paramount company. Over a five-year span she recorded some 92 songs for Paramount
- She continued to sing in public into the 1930s
- In 2007 a small museum opened in a house that she had built in Columbus for her mother; she lived there herself from 1935 until her death.
- Ma Rainey was inducted into the Blues Hall of Fame in 1983 and into the Rock and Roll Hall of Fame in 1990.





## Safeguarding Tip of the Week

### Children's Mental Health Week

This week was Children's Mental Health Week. This year's theme is Lets Connect.

If you are worried about your child's mental health there are some useful websites out there that you can access.

<https://www.place2be.org.uk/>

<https://forwardthinkingbirmingham.nhs.uk/>

<https://www.annafreud.org/>

<https://www.youngminds.org.uk/>

<https://www.bsmhft.nhs.uk/our-services/solar-youth-services/>

## 9 MENTAL HEALTH ACTIVITIES TO DO WITH YOUR CHILDREN



## E- Safety Tip



## Weekly Prayer

God of mercy and peace, forgive us when we get angry with others and help us to make our peace with them so that we can all work together to make a better world. Amen.



Have a lovely weekend and God Bless,

Mrs Helen Milligan and Mr Spindlow

Executive Head Teacher and Interim Head of School



Changing lives through a love  
of books and shared reading.

Thursday 2 March 2023

World Book Day® is a charity sponsored by National Book Tokens.

SPONSORED BY  
NATIONAL  
BOOK  
tokens

Thursday 2nd March 2023 - World Book Day

Dress up as your favourite character

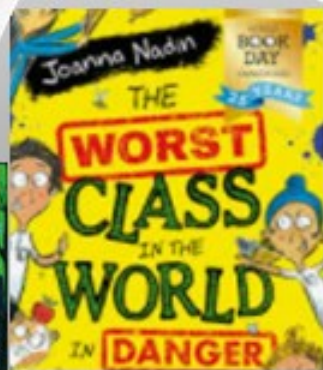
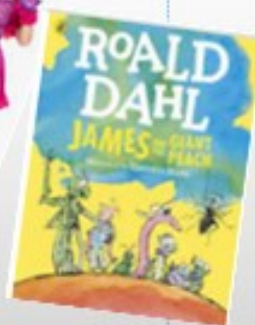
Please see the menu below, if you wish for your child to  
have a dinner on this day, you will need to choose on  
ParentPay by the latest, Thursday 23rd February 2023

MENU

Burgers, Hot Dogs, Quorn Hot Dogs or Cheese Sandwich

Chips, Corn on the Cob or Beans

Pancakes with Various Toppings, Fruit or Yoghurt







# Easter Day Menu

Thursday 23<sup>rd</sup> March 2023

ROAST TURKEY

QUORN ROAST

BROCCOLI

CARROT & SWEETCORN

HAM or CHEESE SANDWICH

ROAST POTATOES

YORKSHIRE PUDDING

CHOCOLATE EASTER NESTS

FRUITY JELLY

FRESH FRUIT



# Happy Easter Day!